

# JUNE 2017

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p><b>*For Monday and Wednesday walks, contact Rick, 250-478-7020, or Jan, 250-665-6062. There may not always be a leader.</b></p>				<p><b>1</b> 10 km PT 029 Henderson Rec Ctr 2291 Cedar Hill X Rd 6 pm - GCW Susan, 250-727-</p>	<p><b>2</b></p>	<p><b>3</b> 5/10 km MW - 2B Strawberry Vale Start - TBA 10 am - Vic Y Camilla, 250-479-4950</p>
<p><b>4</b> 7/10 km MW - 3C Mt Work Parking Lot Munn Rd 10 am - GCW George, 250-386-1279</p>	<p><b>5*</b> RLDW 004 - 9:30 am Running Room 777 Royal Oak Dr</p>	<p><b>6</b> 10 km PT 260 Running Room 777 Royal Oak Dr 6 pm - GCW Gail, 250-477-4472</p>	<p><b>7*</b> PT 108 - 9:30 am Elk Lake Brookleigh Rd Parking Lot</p>	<p><b>8</b> As above</p>	<p><b>9</b></p>	<p><b>10</b> 5/10 km PT 088 Frontrunners 755 Goldstream Ave 10 am - JFP Rick, 250-478-7020</p>
<p><b>11</b> 5/10 km MW - 1A/2B Kings Rd Parking Lot off Shelbourne St 10 am - GCW Greg, 250-580-4709</p>	<p><b>12*</b> PT 029 - 9:30 am Henderson Rec Ctr 2291 Cedar Hill X Rd</p>	<p><b>13</b> As above</p>	<p><b>14*</b> PT 160 - 9:30 am Western Foods 6660 Sooke Rd Sooke</p>	<p><b>15</b> As above</p>	<p><b>16</b></p>	<p><b>17</b> 5/10 km MW - 2B Esquimalt Rec Ctr 527 Fraser St 10 am - Vic Y Hazel, 250-385-5439</p>
<p><b>18</b> 5/10 km PT 025 Harbour Towers Hotel 345 Quebec St 10 am - GCW Randy, 250-590-7175</p>	<p><b>19*</b> PT 007 - 9:30 am Fairfield Plaza 1552 Fairfield Rd</p>	<p><b>20</b> As above</p>	<p><b>21*</b> To be announced</p>	<p><b>22</b> As above</p>	<p><b>23</b></p>	<p><b>24</b> 5/10 km MW - 2B Beaver Lake Elk Lake Drive 10 am - GCW Cec, 250-658-2279</p>
<p><b>25</b> 5/10 km PT 180 My-Chosen Café 4492 Happy Valley Rd 10 am - JFP Christine, 250-478-7020</p>	<p><b>26*</b> PT 019/025 - 9:30 am Harbour Towers 345 Quebec St</p>	<p><b>27</b> As above</p>	<p><b>28*</b> PT 180 - 9:30 am My-Chosen Café 4492 Happy Valley Rd</p>	<p><b>29</b> As above</p>	<p><b>30</b></p>	