

AUGUST 2017

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
For Monday/Wednesday walks, contact Rick, 250-478-7020, or Jan, 250-665-6062. There may not always be a leader.		1 10 km PT 260 Running Room 777 Royal Oak Dr 6 pm - GCW Gail, 250-477-	2 PT 083 - 9:30 am Running Room 2401G Millstream Rd	3 10 km PT 260 777 Royal Oak Dr 6 pm - GCW Susan, 250-727-6826 David, 250-598-4316	4	5 5/10 km MW - 2B Saanich C'wealth Pl 4636 Elk Lake Dr 10 am - GCW George, 250-386-1279
6 5/10 km PT 007 Victoria YM-YWCA 851 Broughton St 10 am - Vic Y Judy, 250-385-8519	7* RLDW 004 - 9:30 am Running Room 777 Royal Oak Dr	8 As above	9* PT 253 - 9:30 am Esquimalt Rec Ctr 527 Fraser St	10 As above	11	12 5/10 km MW - 2B/3C Cobble Hill Quarry Nature Park 10 am - GCW David, 250-598-4316
13 5/10 km MW - 2B Lochside Park Lochside Dr 10 am - GCW George, 250-386-	14* PT 029 - 9:30 am Henderson Rec Ctr 2291 Cedar Hill X Rd	15 As above	16* To be announced	17 As above	18	19 5/10 km MW - 2C Matheson Lake Park off Rocky Point Rd 10 am - JFP Rick, 250-478-7020
20 USA/Canada Walk Port Angeles Time TBA - GCW Rob, 250-658-4998	21* PT 007 - 9:30 am Fairfield Plaza 1552 Fairfield Rd	22 As above	23* PT 163 - 9:30 am West Shore Parks & Rec (Juan de Fuca Rec Ctr) 1767 Island Hwy	24 As above	25	26
27 6/10 km PT 140 Pearkes Rec Ctr 3100 Tillicum Rd 10 am - GCW Gord, 250-479-6512	28* PT 019/025 - 9:30 am Harbour Towers 345 Quebec St	29 As above	30* PT 180 - 9:30 am My-Chosen Café 4492 Happy Valley Rd	31 As above		